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Substitute for form 1449/PTO INFORMATION DISCLOSURE STATEMENT BY APPLICANT <i>(Use as many sheets as necessary)</i>		Complete if Known	
		Application Number	unknown
		Filing Date	April 16, 2004
		First Named Inventor	Gattis
		Art Unit	unknown
		Examiner Name	unknown
Sheet 3	of 3	Attorney Docket Number	3011.001

NON PATENT LITERATURE DOCUMENTS			
Examiner Initials*	Cite No. ¹	Include name of the author (in CAPITAL LETTERS), title of the article (when appropriate), title of the item (book, magazine, journal, serial, symposium, catalog, etc.), date, page(s), volume-issue number(s), publisher, city and/or country where published.	T ²
		Century, "Wavemaster VTS" variable training system; date unknown; www.centuryfitness.com	
		MartialArtsMart.com "Spin Kick Target"; date unknown; www.martialartsmart.com	

Examiner Signature	Date Considered
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¹ Applicant's unique citation designation number (optional). ² Applicant is to place a check mark here if English language Translation is attached.

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PTO/SB/08A (08-03)

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**INFORMATION DISCLOSURE
STATEMENT BY APPLICANT**

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Sheet 1 of 3**Complete if Known**

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U. S. PATENT DOCUMENTS

Examiner Initials*	Cite No. ¹	Document Number	Publication Date MM-DD-YYYY	Name of Patentee or Applicant of Cited Document	Pages, Columns, Lines, Where Relevant Passages or Relevant Figures Appear
		Number-Kind Code ² (if known)			
		US- 4,486,016	12-4-1984	Rubin	
		US- 4,903,966	02-27-1990	Liao	
		US- 5,624,358	04-29-1997	Hestilow	
		US- 5,330,403	07-19-1994	Kuo	
		US- 4,749,184	06-07-1988	Tobin	
		US- 547,730	10-08-1895	MacLearn	
		US- 4,173,336	11-06-1979	Perry	
		US- 3,427,021	02-11-1969	Donato	
		US- 6,033,348	03-07-2000	Warshauer	
		US- 3,521,882	07-28-1970	Kieman	
		US- 4,913,419	04-03-1990	McAuliffe	
		US- 4,239,209	12-16-1980	Curchod	
		US- 5,277,679	01-11-1994	Wells	
		US- Des 334,784	04-13-1993	DeZulueta	
		US- 581,462	04-27-1897	Hess	
		US- 2,085,161	06-29-1937	Kraus	
		US- 5,415,552	05-16-1995	Harmon et al.	
		US- 5,458,552	10-17-1995	Mara	
		US- 5,342,267	08-30-1994	Adams et al.	

FOREIGN PATENT DOCUMENTS

Examiner Initials*	Cite No. ¹	Foreign Patent Document	Publication Date MM-DD-YYYY	Name of Patentee or Applicant of Cited Document	Pages, Columns, Lines, Where Relevant Passages Or Relevant Figures Appear	T ⁶
		Country Code ³ Number ⁴ Kind Code ⁵ (if known)				

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Sheet 2

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